

WELCOME TO BHARTIYA NIVAS MAY NEWSLETTER



BHARTIYA NIVAS:

“CELEBRATING MOTHERS, CHERISHING MOMENTS—AT BHARTIYA NIVAS, HEARTS SHINE BRIGHT” ✨🌸

April was a super fun and creative month for all of us! We not only introduced a variety of engaging exercises, but also explored our creativity through exciting activities and experiences.

This month brought so much joy, excitement, learning, and memorable moments together. Let's take a look back at all the wonderful memories we created throughout the month!

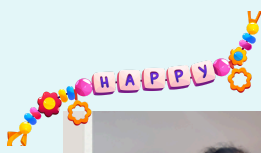
Sound Music Therapy



Our Sound Music Therapy session was a calming and uplifting experience for all our residents. The soothing vibrations and peaceful melodies created a relaxing atmosphere that allowed everyone to slow down, unwind, and simply be present in the moment.

Moments like these remind us how powerful music can be in healing the mind, body, and soul.





Bracelet Making



- Our residents had a wonderful time creating beautiful bracelets for themselves and their loved ones. The class turned into a fun and creative experience as everyone enjoyed selecting beads, designing unique patterns, and bringing their ideas to life.
- It was amazing to see the joy, creativity, and excitement throughout the activity, making it a truly memorable and meaningful session for all.

Acrylic Pour Workshop

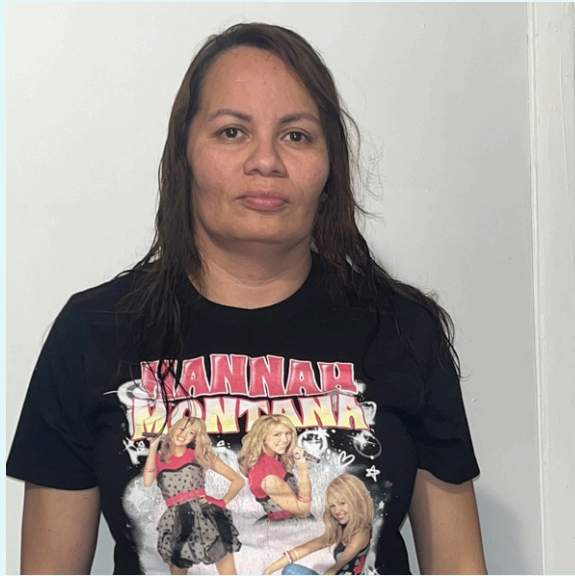


Our Acrylic Pour Workshop was filled with creativity, excitement, and so much fun!

At Bhartiya Nivas, our residents truly proved that age is just a number when it comes to learning and trying something new. Everyone enjoyed the process of creating their own unique art pieces, and the final results turned out absolutely amazing!

It was wonderful to see so much joy, creativity, and confidence shining through each masterpiece. 🌸

Employee of the Month - Cindy



Cindy is an important part of our kitchen team and works hard every day to ensure the dishes are handled with care and the kitchen hygiene is always well maintained. Her dedication, sincerity, and strong work ethic are truly remarkable.

We are incredibly proud to have Cindy as part of our team and deeply appreciate all of her hard work and contributions. Thank you, Cindy, for everything you do!

Resident of the Month - Dakksha Sevak



Dakksha Ji is a very humble & kind-hearted person. She is always willing to lend a helping hand to everyone around her. Her caring nature and positive presence make her truly special.

Dakksha Ji has been a great support to our kitchen team by interacting with residents during dining time, ensuring they feel comfortable and cared for, and even helping us collect the dishes after their meals.

We are truly grateful for all her support and feel very fortunate to have her as a valued part of our family.

May Birthdays



Ranjan Jariwala



Shanta Bhakta



Mani Subramaniyam



Vijaya Nilakanthan



Jay Krishna



Indira Patel



Muthu Mudaliar

UPCOMING EVENTS

UPCOMING EVENTS & EXCITING ANNOUNCEMENTS



9th May - Mother's Day special Tea Party

Our upcoming tea party is designed to bring the vibrant flavors of India to Bhartiya Nivas. Residents will have the chance to enjoy a variety of teas from different regions, celebrating the richness of Indian culture. Set against the lovely backdrop of spring, this outdoor gathering will be even more special as everyone dresses up for the occasion.



Mehendi - Mother's Day Special



A special Mehendi celebration dedicated to all the wonderful mothers! We wanted to create a joyful experience where every mother could feel loved, appreciated, and truly special.

From beautiful henna designs to warm smiles and meaningful moments, it was a celebration filled with love

Arboretum Visit

We are planning a delightful visit to the Dallas Arboretum and Botanical Garden for our residents, offering them a refreshing and scenic outdoor experience.

Surrounded by beautifully curated gardens, seasonal blooms, and peaceful walking paths, this outing will allow residents to immerse themselves in the beauty of nature.



We Welcome our new residents to Bhartiya Nivas



Mr. Anand & Mrs. Pushpa Gupta



Anita Munshi